

GREETINGS IN THE NAME OF OUR LORD AND SAVIOR, JESUS CHRIST

Hello Saints,

It has been a very long time since our newsletter has been updated, so we figured we would update you.

As some of you may know, Tom had a heart attack in 2008 and had 2 stents put in 2 arteries that were blocked. Between the medications and a diet change all had been going very well.

In 2016 Tom was rushed to the Hospital to have his gall bladder removed as it had become infected. The surgery went fine and Tom was discharged from the Hospital a day after and had a very speedy recovery.



In the later part of 2016, Tom was diagnosed with Type-2 Diabetes and was placed on a very restrictive diet and exercise regimen to keep it under control.

Unless God heals diabetes, there is no known cure or it.

It is a lifelong condition and can only be controlled by keeping your weight down, committing to eat healthy and exercise at least 3 times a week, 30 minutes at a time. I have increased it to one hour at a time for 5 days a week. And I've been eating the healthiest I can ever remember. Healthy foods aren't always the best tasting foods.



The devastating news was that I can no longer eat Spaghetti and meatballs, sausage, onion and pepper sandwiches, Lasagna and other Italian treats. Being 100% Italian and being raised on those things, it was like asking me to shoot myself in the head more or less.

But, I want to do my share of staying well, in order to still be used by God in Ministry. God has consistently supplied my needs.

He has never failed in His promise, so I cannot fail in my service to Him.

Recently my heart condition began to worsen and I was diagnosed with Arrhythmia, which is an irregular heartbeat. My heart at times beats very fast and I have blacked out twice so far but thank God I was at home both times and only hurt my upper and lower back and had a lot of bruises for over a month.



My cardiologist advised me not to keep my usual travelling schedule and cut back drastically as soon as possible. He advised me to stop my overseas travels and cross country travels, and concentrate on more local opportunities which I have done.

The Jail and Prison Ministry, have not been affected by this, and the volunteers are working just as hard as usual.

With our limited funds, we are still able to help a few families with the necessities, and no one is going hungry.

Growing old, is something we all have to get accustomed to, and most times, it is not fun. I thank God he blessed me for so many decades with good health and not even having to take an aspirin. Age has always worn out things and our bodies are not much different.

I try my best to eat healthy, exercise regularly, and I don't smoke anything, drink any kind of alcohol, or take any drugs other than what my Doctors prescribe for me to take. Still, my body ages and most things don't work like they used to anymore. And it all amounts to getting old!! HaHa!

Well, my faithful brothers and sisters, now that I have brought you all up to date on my health and ministry matters, I continue to ask you to keep both myself and this Ministry in your Prayers.

My heart's desire is to live long enough to reach every unsaved person God puts in my life and lead them to Christ. Then on that day, I'll be ready for God to take me home and hopefully hear Him say :

“Well done, my faithful servant, well done.”



